

Contents

PREFACE	xiii
1 THE EMERGING SCIENCE OF RELATIONSHIPS	1
<i>Ellen Berscheid and Letitia Anne Peplau</i>	
The Central Role of Close Relationships in Human Life	1
<i>Family Relationships / Alternative Relationships</i>	
A Science of Relationships	7
<i>The Interdisciplinary Origins of a Science of Relationships</i>	
The Conceptual Analysis of Relationships	11
<i>Descriptive Analysis / Causal Analysis</i>	
Topics in Close Relationships	15
<i>Interaction / Emotion / Power / Roles and Gender / Love and Commitment / Development and Change / Conflict / Intervention / Research Methods / A Science of Relationships</i>	

2	ANALYZING CLOSE RELATIONSHIPS	20
	<i>Harold H. Kelley, Ellen Berscheid, Andrew Christensen, John H. Harvey, Ted L. Huston, George Levinger, Evie McClintock, Letitia Anne Peplau, and Donald R. Peterson</i>	
	Studying Relationships	21
	<i>Description / Causal Analysis / Elementary Concepts</i>	
	Description of Relationships	27
	<i>The Basic Data of Dyadic Relationships / The Properties of Interdependence / Properties of Interdependence: Subsequent Discussion / Types and Stages of Relationships / Defining "Close" Relationships / The External Causal Connections of the Relationship / The Importance of Event-Level Analysis</i>	
	Analysis of Causal Conditions	43
	<i>The Inference and Identification of Causal Conditions / The Concept of Causal Condition / Kinds of Causal Condition / Changes in Causal Conditions / The Causal Context of Dyadic Interaction</i>	
	Conclusion and Issues	65
3	INTERACTION	68
	<i>Evie McClintock</i>	
	The Overt Events of Interaction	71
	<i>Features of Interaction / Approaches to the Analysis of Interaction / Interaction Over Time</i>	
	The Interpretation of Interaction	86
	<i>Partitioning the Flow of Ongoing Interaction / Recognition and Labeling / Attribution Processes / Misunderstandings / Construction of Interpretative Contexts</i>	
	The Causal Context of Interaction in Close Relationships	95
	<i>Personal Conditions / Relational Conditions / Social Conditions / Physical Environmental Conditions</i>	
	Concluding Comments	108

4	EMOTION	<i>Ellen Berscheid</i>	110
	Introduction		110
	<i>Problems in the Use of Affect as a Criterion of Relationship Closeness / Conclusions and Overview of Chapter</i>		
	The Psychological Study of Human Emotion		119
	<i>Features of Theories of Emotion / The Place of "Feelings" in Emotion Theory and Research / A Contemporary Theory of Emotion</i>		
	Emotion in Relationships		135
	<i>Emotional Events and Their Assessment / The Antecedents of Emotion in Relationships / Emotional Investment in Relationships</i>		
	Special Problems Associated with Emotion in Relationships		148
	<i>The Hedonic Sign of the Subjectively Experienced Emotion / The Course of Emotion Over Time / Effects on the Relationship of Emotion Experienced Outside the Relationship</i>		
	Conclusion and Comments		167
5	POWER	<i>Ted L. Huston</i>	169
	Description of Interpersonal Influence		173
	<i>The Basic Unit of Influence / Assessing Influence / Patterns of Influence and Dominance in Close Relationships</i>		
	Power		186
	<i>Problems in Assessing Power / Assessing Power / Bases of Power</i>		
	Authority, Resources, and Marital Power		206
	<i>Authority / Resources / Authority Versus Resources / Other Factors in Marital Power</i>		
	Power and Influence in Parent–Child Relationships		209
	<i>Parental Style of Influence and Its Effects on Children / Operant Behavior Modification Approach to Parental Influence / Incidental Influence / Bidirectional Influence</i>		
	Changes in Causal Conditions Relevant to Power		216
	Conclusion		218

6	ROLES AND GENDER	<i>Letitia Anne Peplau</i>	220
	The Description of Roles in Close Relationships		222
	<i>The Nature of Roles in Close Relationships / The Phenomena of Roles: Behavioral, Cognitive, and Affective Elements / Features of Roles: Diversity, Specialization, and Complementarity / Previous Perspectives on Roles</i>		
	The Causal Analysis of Roles in Close Relationships		234
	<i>Environmental Conditions / Personal Conditions / Relational Conditions</i>		
	Gender Patterns in Dating and Marriage		241
	<i>Gender Differences in Dating and Marriage / Typologies of Marital Roles</i>		
	The Causes of Gender Specialization in Marriage		252
	<i>Personal Conditions / Relational Conditions / Environmental Conditions</i>		
	The Consequences of Gender Specialization		260
	<i>Consequences for the Couple / Consequences for Partner Satisfaction / Consequences for Children</i>		
7	LOVE AND COMMITMENT	<i>Harold H. Kelley</i>	265
	The Concepts of Love and Commitment		266
	<i>The Importance of Love and Commitment / Problems of Conceptual Analysis / Goals of This Chapter</i>		
	Love		271
	<i>Common and Scientific Usage / The Phenomena of Love / The Causal Conditions of Love / Models of Love / Love in Close Relationships</i>		
	Commitment		287
	<i>The Phenomena of Commitment / The Causal Conditions of Commitment / The Processes of Commitment / Research and Measurement / Types of Commitment and Their Consequences</i>		
	Love Versus Commitment		312

8	DEVELOPMENT AND CHANGE	George Levinger	315
	The Course of an Illustrative Relationship		315
	<i>First Meeting / Initial Attraction / Building a Relationship / Marriage / Deterioration / Ending / Interpretation</i>		
	Conceiving of Relational Development		320
	<i>Varieties of Relationship / Postulating a Developmental Sequence</i>		
	Beginnings		322
	<i>Acquaintanceship (A) / From Acquaintance to Building a Relationship (A → B) / Buildup (B) / From Buildup to Continuation: The Development of Commitment (B → C)</i>		
	Middles		335
	<i>Continuation (C) / From Continuation to Deterioration (C → D) / Deterioration (D)</i>		
	Endings		351
	<i>From Deterioration to Ending (D → E) / Ending of a Marriage (E)</i>		
	Conclusion		357
9	CONFLICT	Donald R. Peterson	360
	Definitions of Conflict		365
	Analysis of Conflictual Interactions		366
	<i>Beginnings of Conflict / Middle Stages of Conflict / Termination of Conflict</i>		
	Conflict in the Development and Change of Close Relationships		383
	<i>Patterns of Conflictual Relationships / Principles Governing Changes in Conflict / Developmental Patterns of Conflict Management / Reduction of Conflict</i>		
	Needs for Knowledge		396

10	INTERVENTION	<i>Andrew Christensen</i>	397
	Conceptual Analysis of Distress and Treatment		399
	<i>Dysfunction in Close Relationships /</i>		
	<i>The Client–Therapist Relationship /</i>		
	<i>Assessment of Dysfunctional Relationships /</i>		
	<i>Intervention in Close Relationships</i>		
	Individual Approaches		409
	<i>Psychoanalytic Views / Rational Emotive Therapy / Summary</i>		
	Dyadic Approaches		418
	<i>Social Learning Views of Disturbance in Close Relationships /</i>		
	<i>Social Learning Approaches to Marital and Child–Parent Problems /</i>		
	<i>Rogean Approaches to Marital and Child–Parent Problems /</i>		
	<i>Summary</i>		
	Family Systems Approaches		431
	<i>Minuchin’s Structural Family Theory / Family Systems</i>		
	<i>Communication Therapy / Summary</i>		
	Relations Among Therapy Approaches		440
	Outcome Research on Intervention in Close Relationships		442
	Conclusions and Implications		444
11	RESEARCH METHODS		449
	<i>John H. Harvey, Andrew Christensen, and Evie McClintock</i>		
	Description		451
	<i>Participant Reports / Observer Reports /</i>		
	<i>The Causal Context of Participant and Observer Reports /</i>		
	<i>The Integration of Data from Different Sources</i>		
	Causal Analysis		467
	<i>Research Designs / Variations of the Classic Experiment /</i>		
	<i>Variations of the Classic Correlational Design / Time and Causal</i>		
	<i>Designs / Causal Analysis of the Close Relationship /</i>		
	<i>Some Recommendations for Causal Analysis</i>		
	Ethical Issues in Research on Close Relationships		484
	Conclusions		485

12	EPILOGUE: AN ESSENTIAL SCIENCE	<i>Harold H. Kelley</i>	486
	Social Support		493
	Economic Behavior		495
	Social Reciprocity		499
	Conclusion		502
	REFERENCES		505
	INDEX OF NAMES		545
	INDEX OF TOPICS		555