

# Contents

<i>Acknowledgements</i>	vii
<i>Introduction</i>	ix
1 Attractions of the East	1
2 Tea	9
3 Coffee	32
4 War, Disease and Settlement: the Americas	48
5 The Indian Weed: Tobacco	66
6 The Aztec Drink: Chocolate	89
7 Feeding the People: the Potato	102
8 The African Gift: Sugar	117
9 The Cause of All Distress: Plantations	132
10 Shops and Shopping	155
11 The Passion to Consume	174
12 Questions of Taste, Addiction – and Empire	193
<i>Notes</i>	199
<i>Index</i>	213