

Contents

About the Editors	vii
List of Contributors	viii
Foreword <i>Paul E. Garfinkel</i>	xi
Preface	xvii
Part I: Concepts and Definitions	
Introduction to Part I	3
1 Anorexia Nervosa Through Time <i>G.F.M. Russell</i>	5
The Essence of Anorexia Nervosa: Comment on Gerald Russell's "Anorexia Nervosa Through Time" <i>S. Theander</i>	19
Something New Under the Sun: Comments on Gerald Russell's "Anorexia Nervosa Through Time" <i>J.A. Silverman</i>	25
2 Current Concepts and Definitions <i>K.A. Halmi</i>	29
Part II: Aetiology	
Introduction to Part II	45
3 What Would a Causal Explanation of the Eating Disorders Look Like? <i>P.G. Campbell</i>	49
4 Genetic Factors in Eating Disorders <i>J. Treasure and A. Holland</i>	65
5 Starvation Models and Eating Disorders <i>M.M. Fichter and K.M. Pirke</i>	83
6 A Physiology of Starvation that Sustains Eating Disorders <i>P.H. Robinson and P.R. McHugh</i>	109
7 Psychodynamic Models of Eating Disorders <i>C. Dare and C. Crowther</i>	125

8	Cognitive–Behavioral Models of Eating Disorders <i>P. de Silva</i>	141
9	Family Models of Eating Disorders <i>I. Eisler</i>	155
10	Sociocultural Models of Eating Disorders <i>G.I. Szumukler and G. Patton</i>	177
Part III: Consequences and Maintaining Factors		
	Introduction to Part III	195
11	Medical Complications of Chronic Anorexia Nervosa <i>J. Treasure and G.I. Szumukler</i>	197
12	Psychological Concerns in the Maintenance of Dieting Disorders <i>P.J.V. Beumont, J.D. Russell and S.W. Touyz</i>	221
13	Family Patterns in Eating Disorders: Going Round in Circles, Getting Nowhere Fasting <i>M. Colahan and R. Senior</i>	243
14	The Social Consequences of Eating Disorders <i>U. Schmidt, J. Tiller and H.G. Morgan</i>	259
Part IV: Treatments		
	Introduction to Part IV	273
15	The Inpatient Treatment of Anorexia Nervosa <i>J. Treasure, G. Todd and G.I. Szumukler</i>	275
16	Living Dangerously: Psychoanalytic Psychotherapy of Anorexia Nervosa <i>C. Dare and C. Crowther</i>	293
17	Cognitive Therapy <i>C. Freeman</i>	309
18	Family Therapy <i>C. Dare and I. Eisler</i>	333
19	Physical Treatments <i>A. Wakeling</i>	351
20	Sequencing Treatment Decisions: Cooperation or Conflict Between Therapist and Patient <i>A.E. Andersen</i>	363
Part V: Prevention		
	Introduction to Part V	383
21	Prospects for Prevention <i>P. Slade</i>	385
Part VI: Acknowledgement of the Contribution of G.F.M. Russell		
22	Food For Thought: Gerald Russell's Writing on Eating Disorders <i>W. Vandereycken</i>	401
	Index	409