

CONTENTS

Preface	xiii
Acknowledgments	xix
Introduction: Concepts and History	xxi
<i>Part I. A Therapeutic Community</i>	1
1. The Development of a Therapeutic Community: "Tompkins I"	7
2. Norms and Communitas	21
Control	22
Nurture	23
Communitas	25
3. Roles and Healing Charisma	35
The Director's Role	36
Resident Psychiatrist's Role	40
Nursing Staff Roles	41
The Patient's Role	44
4. Learning the Patient Role	49
Patient Self-Reports	49
Interactions in Detail	54
The Privilege Sequence	60
Behavior Changes	64
Attitude Changes During Hospitalization	67
5. Individual Hospital Careers: Mary Wheeler	75
Hospital Career Study 1: Mary Wheeler	79
Follow-Up	88

6. Individual Hospital Careers: Bill Putnam 99
7. Individual Hospital Careers: Charles Lawrence 117
 Summary 128
8. Follow-up 131
9. Tompkins I as a Healing Community 139
 Social Processes 139
 Individual Processes 147
 Comments on Therapeutic Community 150

Part II. Non-Western Healing Communities 155

10. The Zar Cult of Ethiopia 161
 Background 161
 Concepts of Disease and Treatment 163
 The Zar Cult 164
 The Zar Ceremony 167
 The Meanings of Membership 171
 Summary 177
11. The Tensho Sect of Hawaii 181
 Background and Development of the Sect 181
 Becoming a Member 184
 Beliefs and Norms 188
 Meetings and Activities 189
 Postscript 193
12. Zuni Healing Societies: The Clown Fraternity 195
 by Carmen Acosta
 Setting 195
 Rationale for the Treatment of Deviance 197
 Behavior Problems 198
 The Medicine Fraternities 200
 Interrelations of the Fraternities 201
 Godly Personalities 202
 Recruitment to Fraternities 203
 Clowning Fraternities 205
 Myths and Rituals of the Clowns 205
 Behavior Problems Treated by the Clowns 206

	<i>Summary</i>	210	
	<i>Postscript (by Richard Almond)</i>	212	
13.	Review	213	
	<i>Group Processes</i>	213	
	<i>Individual Processes</i>	218	
	<i>General Comments on Non-Western Healing Communities</i>	220	
 <i>Part III. Non-Establishment Healing Communities in the United States</i>			223
14.	Encounter Groups: Searching for Healing Community	227	
	<i>Background and Development</i>	231	
	<i>Summary</i>	237	
15.	Synanon	239	
	<i>Background</i>	240	
	<i>Norms and Communitas</i>	242	
	<i>Becoming a Member</i>	245	
	<i>Leadership, Roles, and Healing Charisma</i>	249	
	<i>Synanon and Society</i>	250	
	<i>Summary</i>	252	
16.	Psychodrama Workshop of Palo Alto	255	
	<i>Background</i>	256	
	<i>The Psychodrama Experience</i>	262	
	<i>Conceptual Framework</i>	271	
	<i>Individual Involvement in Psychodrama</i>	276	
	<i>Psychodrama Workshop as a Healing Community</i>	282	
	<i>Summary</i>	290	
17.	Review	293	
 <i>Part IV. A Model of the Healing Community</i>			297
18.	The Individual Healing Process	301	
	<i>Attention Saturation</i>	301	
	<i>Behavior Modification</i>	306	
	<i>Role Paralleling</i>	309	
	<i>Summary</i>	315	

19. Group and Organization Processes	319
<i>Communitas</i>	320
<i>Healing Charisma</i>	327
<i>Group Processes and Individual Healing</i>	332
<i>The Boundary with the Outside Culture</i>	334
<i>Summary</i>	335
<i>Part V. Implications</i>	339
20. The Practice of Therapeutic Community	343
<i>Communitas and Cohesion</i>	344
<i>Authority and Nurture</i>	346
<i>Patient Careers and Evaluation of Therapeutic Community Treatment</i>	351
21. The Healing Community as a Mental Health Resource	355
<i>Healing Communities and the Relabeling of Deviance</i>	356
<i>Social Class and the Healing Community</i>	361
<i>Patient Careers and New Healing Communities</i>	364
22. The Healing Community and Personality Processes	367
<i>Group Membership and Charismatic Relatedness</i>	368
<i>Faith, Conformity, and Identity</i>	371
<i>Altruism</i>	374
<i>Immersion and Letting-Go</i>	375
<i>The Capacity for Change</i>	376
23. The Healing Community and the Moral Order	379
BIBLIOGRAPHY	391
INDEX	407