

CONTENTS

| | |
|--------------------------------|-------|
| PREFACE | xxi |
| FOREWORD ROBERT S. WALLERSTEIN | xxvii |

PART ONE

Introduction to the problems of technique

| | |
|---|----|
| 1. Psychoanalytic technique | 3 |
| 1.1 <i>Demarcation of the concept of psychotherapy</i> / | 3 |
| 1.2 <i>The cathartic method and the beginnings of psychoanalysis</i> / | 5 |
| 1.3 <i>The theories of the cathartic method</i> / | 7 |
| 1.4 <i>Freud's new technique: psychoanalysis</i> / | 8 |
| 1.5 <i>Theory, technique and ethics</i> / | 11 |
| 2. Indications and contraindications according to the diagnosis and other particulars | 14 |
| 2.1 <i>Freud's opinions</i> / | 14 |
| 2.2 <i>Indications according to diagnosis in Freud's view</i> / | 16 |
| 2.3 <i>The Arden House Symposium of 1954</i> / | 18 |
| 2.4 <i>The Nacht and Lebovici Report</i> / | 19 |
| 2.5 <i>The Copenhagen Symposium of 1967</i> / | 20 |
| 2.6 <i>Some special indications</i> / | 21 |
| 2.7 <i>Something more about personal factors</i> / | 23 |
| 2.8 <i>The indications for the analysis of children</i> / | 26 |

| | | |
|-----|---|------|
| 3. | Analysability | 28 |
| 3.1 | <i>The concept of analysability</i> | / 28 |
| 3.2 | <i>The good hysteric</i> | / 29 |
| 3.3 | <i>The analysable obsessive</i> | / 31 |
| 3.4 | <i>Comments and criticisms of the analysability concept</i> | / 32 |
| 3.5 | <i>The concept of accessibility</i> | / 33 |
| 3.6 | <i>The analytic couple</i> | / 35 |
| 3.7 | <i>Preferences in relation to the analytic couple</i> | / 38 |
| 4. | The psychoanalytic interview: structure and objectives | 41 |
| 4.1 | <i>Definition of the concept</i> | / 41 |
| 4.2 | <i>Defining characteristics</i> | / 43 |
| 4.3 | <i>The field of the interview</i> | / 44 |
| 4.4 | <i>The setting of the interview</i> | / 46 |
| 4.5 | <i>The technique of the interview</i> | / 47 |
| 4.6 | <i>On interpretation in the interview</i> | / 48 |
| 5. | The psychoanalytic interview: development | 50 |
| 5.1 | <i>The anxiety of the interview</i> | / 50 |
| 5.2 | <i>Problems of transference and countertransference</i> | / 52 |
| 5.3 | <i>The evolution of the interview</i> | / 53 |
| 5.4 | <i>Prospective indicators of the analytic couple</i> | / 54 |
| 5.5 | <i>A thorny clinical case</i> | / 57 |
| 5.6 | <i>The referral interview</i> | / 58 |
| 5.7 | <i>The feedback</i> | / 59 |
| 6. | The psychoanalytic contract | 60 |
| 6.1 | <i>General considerations</i> | / 60 |
| 6.2 | <i>Freud's recommendations</i> | / 62 |
| 6.3 | <i>Formulation of the contract</i> | / 64 |
| 6.4 | <i>Authoritarian contract and democratic contract</i> | / 65 |
| 6.5 | <i>The contract and cultural usage</i> | / 68 |
| 6.6 | <i>The limits of the contract</i> | / 71 |
| 6.7 | <i>The trial treatment</i> | / 72 |

PART TWO

On transference and countertransference

| | | |
|-----|--|------|
| 7. | History and concept of the transference | 77 |
| 7.1 | <i>The context of discovery</i> | / 77 |
| 7.2 | <i>Transference and false connection</i> | / 78 |
| 7.3 | <i>Transference of the wish</i> | / 80 |
| 7.4 | <i>The transference in 'Dora'</i> | / 81 |
| 7.5 | <i>Defining characteristics</i> | / 82 |
| 7.6 | <i>The contributions of Abraham and Ferenczi</i> | / 84 |

| | | |
|------|---|-----|
| 8. | The dynamics of transference | 86 |
| 8.1 | <i>The nature and origin of transference</i> / | 86 |
| 8.2 | <i>Transference and resistance</i> / | 87 |
| 8.3 | <i>The transference resistance</i> / | 90 |
| 8.4 | <i>The enigma of the positive transference</i> / | 92 |
| 8.5 | <i>Function of the transference</i> / | 94 |
| 8.6 | <i>Transference and repetition</i> / | 95 |
| 9. | Transference and repetition | 96 |
| 9.1 | <i>Resumé of chapters seven and eight</i> / | 96 |
| 9.2 | <i>Remembering and repeating</i> / | 98 |
| 9.3 | <i>Repetition as an explanatory principle</i> / | 99 |
| 9.4 | <i>Transference of impulses and defences: Anna Freud's solution</i> / | 101 |
| 9.5 | <i>Lagache's contribution</i> / | 102 |
| 9.6 | <i>The Zeigarnik effect</i> / | 102 |
| 9.7 | <i>Transference and habit</i> / | 103 |
| 9.8 | <i>Transference, reality and experience</i> / | 106 |
| 9.9 | <i>Transference WITHOUT repetition</i> / | 107 |
| 10. | The dialectics of the transference according to Lacan | 114 |
| 10.1 | <i>Summary</i> / | 114 |
| 10.2 | <i>The dialectic of the analytic process</i> / | 116 |
| 10.3 | <i>Transference and countertransference</i> / | 118 |
| 10.4 | <i>The omitted dialectical inversion</i> / | 120 |
| 10.5 | <i>Brief review of some of Lacan's ideas</i> / | 121 |
| 10.6 | <i>The symbolic order</i> / | 122 |
| 10.7 | <i>Mirage of the transference</i> / | 123 |
| 10.8 | <i>Transference and historicity</i> / | 124 |
| 10.9 | <i>Lacanian management of the transference</i> / | 125 |
| 11. | The theory of the <i>sujet supposé savoir</i> — the subject supposed to know | 127 |
| 11.1 | <i>The 'sujet supposé savoir' (the subject supposed to know)</i> / | 127 |
| 11.2 | <i>The subject supposed to know in the transference</i> / | 129 |
| 11.3 | <i>The transference and the symbolic order</i> / | 130 |
| 11.4 | <i>Constituting effect and constituted effects</i> / | 132 |
| 11.5 | <i>Final comment</i> / | 133 |
| | ADDENDUM <i>Signifier, repetition and transference</i> / | 134 |
| 12. | The forms of transference | 147 |
| 12.1 | <i>Transference neurosis: Some specifications</i> / | 147 |
| 12.2 | <i>Transference neurosis and the healthy part of the ego</i> / | 149 |
| 12.3 | <i>Narcissism and transference</i> / | 150 |
| 12.4 | <i>On countertransference neurosis</i> / | 153 |

| | | | | |
|-------|---|---|-----|-----|
| 12.5 | <i>Transference love</i> | / | 155 | |
| 12.6 | <i>Clinical forms of erotized transference</i> | / | 158 | |
| 12.7 | <i>Selfobject transferences</i> | / | 159 | |
| 13. | Transference psychosis | | | 169 |
| 13.1 | <i>Some historical references</i> | / | 169 | |
| 13.2 | <i>The theories of psychosis and the technical approach</i> | / | 170 | |
| 13.3 | <i>Transference psychosis and Kleinian theory</i> | / | 171 | |
| 13.4 | <i>Symbiosis and transference</i> | / | 173 | |
| 13.5 | <i>Transference in the borderline patient</i> | / | 176 | |
| 13.6 | <i>One of Kernberg's clinical cases</i> | / | 181 | |
| 14. | Transference perversion | | | 186 |
| 14.1 | <i>Theoretical considerations</i> | / | 186 | |
| 14.2 | <i>The perverse ego</i> | / | 188 | |
| 14.3 | <i>Transference perversion</i> | / | 189 | |
| 14.4 | <i>Clinical material</i> | / | 192 | |
| 14.5 | <i>Final considerations</i> | / | 197 | |
| 14.6 | <i>Transference addiction</i> | / | 198 | |
| 15. | Early transference | | | |
| | [1] Pre-Oedipal phase or early stages of the Oedipus complex | | | 202 |
| 15.1 | <i>Recapitulation</i> | / | 202 | |
| 15.2 | <i>Infantile neurosis</i> | / | 203 | |
| 15.3 | <i>Pre-Oedipal development</i> | / | 204 | |
| 15.4 | <i>The pre-Oedipal phase of relation with the mother</i> | / | 205 | |
| 15.5 | <i>The early stages of the Oedipus complex</i> | / | 206 | |
| 15.6 | <i>The origins of the transference</i> | / | 207 | |
| 15.7 | <i>Narcissism and object relation</i> | / | 208 | |
| 15.8 | <i>Transference and unconscious fantasy</i> | / | 210 | |
| 15.9 | <i>Instincts and objects in the transference</i> | / | 210 | |
| 15.10 | <i>Paranoid and depressive anxieties in the transference</i> | / | 211 | |
| 16. | Early transference | | | |
| | [2] Primitive emotional development | | | 213 |
| 16.1 | <i>Introduction</i> | / | 213 | |
| 16.2 | <i>Primitive emotional development</i> | / | 215 | |
| 16.3 | <i>Primary narcissism according to Winnicott</i> | / | 216 | |
| 16.4 | <i>A psychopathological classification</i> | / | 218 | |
| 16.5 | <i>The good enough mother</i> | / | 219 | |
| 16.6 | <i>The processes of integration</i> | / | 220 | |
| 16.7 | <i>Primitive emotional development in the transference</i> | / | 221 | |

| | | |
|------|---|-----|
| 17. | On the spontaneity of the transference phenomenon | 224 |
| 17.1 | <i>Clinical material 1</i> / | 224 |
| 17.2 | <i>Clinical material 2</i> / | 229 |
| 18. | The therapeutic alliance: from Wiesbaden to Geneva | 232 |
| 18.1 | <i>The therapeutic dissociation of the ego</i> / | 233 |
| 18.2 | <i>The resistance of transference</i> / | 234 |
| 18.3 | <i>Regression and therapeutic alliance</i> / | 235 |
| 18.4 | <i>From Sterba to Zetzel</i> / | 237 |
| 18.5 | <i>Two types of regression</i> / | 238 |
| 18.6 | <i>After the Geneva Congress</i> / | 239 |
| 18.7 | <i>More about analytic regression</i> / | 240 |
| 19. | The non-transference analytic relation | 242 |
| 19.1 | <i>Transference and alliance</i> / | 242 |
| 19.2 | <i>Greenson's ideas</i> / | 243 |
| 19.3 | <i>A tripartite division</i> / | 244 |
| 19.4 | <i>Greenson and Wexler at the Rome Congress</i> / | 244 |
| 19.5 | <i>How to reinforce the therapeutic alliance</i> / | 246 |
| 19.6 | <i>The child's therapeutic alliance</i> / | 248 |
| 19.7 | <i>Therapeutic pseudo-alliance</i> / | 249 |
| 20. | Therapeutic alliance: discussion, controversy and polemics | 251 |
| 21. | Countertransference: discovery and rediscovery | 259 |
| 21.1 | <i>Origin of the concept</i> / | 259 |
| 21.2 | <i>Countertransference in the first half of the century</i> / | 261 |
| 21.3 | <i>The countertransference as instrument</i> / | 264 |
| 21.4 | <i>The concept of countertransference</i> / | 267 |
| 21.5 | <i>The countertransference and the setting</i> / | 268 |
| 21.6 | <i>Concordant and complementary countertransference</i> / | 269 |
| 21.7 | <i>Empathy</i> / | 270 |
| 22. | Countertransference and object relationship | 281 |
| 22.1 | <i>Projective counteridentification</i> / | 281 |
| 22.2 | <i>The development of Grinberg's investigation</i> / | 282 |
| 22.3 | <i>Normal countertransference</i> / | 285 |
| 22.4 | <i>A clinical case</i> / | 287 |
| 22.5 | <i>The countertransference neurosis</i> / | 289 |
| 22.6 | <i>Beyond projective counteridentification</i> / | 291 |

| | | |
|-------|--|-----|
| 23. | Countertransference and psychoanalytic process | 293 |
| 23.1 | <i>Direct and indirect countertransference</i> / | 293 |
| 23.2 | <i>Gitelson and the analyst's two positions</i> / | 295 |
| 23.3 | <i>Reactions to the patient as a whole</i> / | 295 |
| 23.4 | <i>Reactions to partial aspects of the patient</i> / | 296 |
| 23.5 | <i>Countertransference according to Lacan</i> / | 297 |
| 23.6 | <i>On the communication of countertransference</i> / | 299 |
| 23.7 | <i>Winnicott's ideas on countertransference</i> / | 300 |
| 23.8 | <i>Comments and qualifying statements</i> / | 301 |
| 23.9 | <i>Winnicott's new ideas</i> / | 303 |
| 23.10 | <i>Final summary</i> / | 304 |

PART THREE

On interpretation and other instruments

| | | |
|------|---|-----|
| 24. | Materials and instruments of psychotherapy | 307 |
| 24.1 | <i>Psychotherapy and psychoanalysis</i> / | 308 |
| 24.2 | <i>Materials and instruments</i> / | 309 |
| 24.3 | <i>Instruments for influencing the patient</i> / | 310 |
| 24.4 | <i>Information-gathering instruments</i> / | 313 |
| 25. | The concept of interpretation | 318 |
| 25.1 | <i>Instruments that inform</i> / | 318 |
| 25.2 | <i>Interpretation</i> / | 321 |
| 25.3 | <i>Information and interpretation</i> / | 323 |
| 25.4 | <i>Interpretation and insight</i> / | 324 |
| 25.5 | <i>Interpretation and meaning</i> / | 325 |
| 25.6 | <i>Operational definition of interpretation</i> / | 326 |
| 25.7 | <i>Interpretation and suggestion</i> / | 327 |
| 25.8 | <i>Final comments</i> / | 328 |
| 26. | Interpretation in psychoanalysis | 330 |
| 26.1 | <i>Interpretation in Freud's writings</i> / | 330 |
| 26.2 | <i>Comprehension, explanation and interpretation according to Jaspers</i> / | 332 |
| 26.3 | <i>Bernfeld's classification</i> / | 333 |
| 26.4 | <i>The Anzieus' contributions</i> / | 335 |
| 26.5 | <i>Racker: some ideas</i> / | 338 |
| 26.6 | <i>The technical parameters</i> / | 343 |
| 27. | Constructions | 347 |
| 27.1 | <i>Introduction</i> / | 347 |
| 27.2 | <i>Construction and interpretation</i> / | 348 |
| 27.3 | <i>The indicators</i> / | 351 |
| 27.4 | <i>Evaluation of the indicators</i> / | 352 |
| 27.5 | <i>Material truth and historical truth</i> / | 354 |

| | | | |
|-------|--|-------|-----|
| 27.6 | <i>Construction and historical interpretation</i> | / 357 | |
| 27.7 | <i>Construction and delusion</i> | / 360 | |
| 28. | Constructions of early development | | 361 |
| 28.1 | <i>The 'Non vixit' dream and early psychic development</i> | / 373 | |
| 29. | Metapsychology of interpretation | | 378 |
| 29.1 | <i>Interpretation from the topographic and dynamic point of view</i> | / 378 | |
| 29.2 | <i>The economic point of view</i> | / 379 | |
| 29.3 | <i>Latent negative transference</i> | / 380 | |
| 29.4 | <i>Characterological resistance</i> | / 382 | |
| 29.5 | <i>Reich's theoretical assumptions</i> | / 384 | |
| 29.6 | <i>Shortcomings of the Reichian technique</i> | / 385 | |
| 29.7 | <i>The use of positive transference to overcome resistance</i> | / 386 | |
| 29.8 | <i>Fenichel's contributions</i> | / 387 | |
| 29.9 | <i>Character and the theory of the libido</i> | / 390 | |
| 30. | Interpretation and the ego | | 391 |
| 30.1 | <i>Psychoanalytic technique in crisis</i> | / 391 | |
| 30.2 | <i>Wilhelm Reich's response</i> | / 392 | |
| 30.3 | <i>In favour of intuition and surprise</i> | / 392 | |
| 30.4 | <i>Anna Freud's ideas</i> | / 394 | |
| 30.5 | <i>Intrasystemic conflict and intersystemic conflict</i> | / 395 | |
| 30.6 | <i>The review of 1951</i> | / 396 | |
| 30.7 | <i>Löwenstein's contributions</i> | / 399 | |
| 30.8 | <i>Confluence of the two Freudian models</i> | / 400 | |
| 31. | Melanie Klein and the theory of interpretation | | 402 |
| 31.1 | <i>Some antecedents</i> | / 403 | |
| 31.2 | <i>The first works</i> | / 403 | |
| 31.3 | <i>Hans, Dora and Fritz</i> | / 405 | |
| 31.4 | <i>The Salzburg Congress</i> | / 405 | |
| 31.5 | <i>The experience with Rita</i> | / 406 | |
| 31.6 | <i>The Symposium on Child Analysis</i> | / 409 | |
| 31.7 | <i>The key points of the controversy</i> | / 410 | |
| 31.8 | <i>Interpretation in 'The Psycho-Analysis of Children'</i> | / 412 | |
| 31.9 | <i>Interpretation in the latency period</i> | / 413 | |
| 31.10 | <i>Some characteristics of Kleinian interpretation</i> | / 415 | |
| 32. | Types of interpretation | | 417 |
| 32.1 | <i>Brief review</i> | / 417 | |
| 32.2 | <i>Types of interpretation</i> | / 418 | |
| 32.3 | <i>Historical interpretation</i> | / 419 | |
| 32.4 | <i>Present (current) interpretation</i> | / 420 | |

| | | | |
|--|---|---|------------|
| 32.5 | <i>Interpretative tactics and strategies</i> | / | 420 |
| 32.6 | <i>Transference interpretation</i> | / | 421 |
| 32.7 | <i>Extratransference interpretation</i> | / | 423 |
| 32.8 | <i>The complete interpretation</i> | / | 425 |
| 32.9 | <i>Paula Heimann's correction</i> | / | 428 |
| 32.10 | <i>On the register of unconscious fantasy</i> | / | 430 |
| 32.11 | <i>Merton Gill's revision</i> | / | 431 |
| 33. | Mutative interpretation | | 433 |
| 33.1 | <i>Background to Strachey's work</i> | / | 434 |
| 33.2 | <i>Radó's parasitic superego</i> | / | 435 |
| 33.3 | <i>The auxiliary superego</i> | / | 437 |
| 33.4 | <i>The neurotic vicious circle</i> | / | 438 |
| 33.5 | <i>Mutative interpretation</i> | / | 440 |
| 33.6 | <i>Defining characteristics of mutative interpretation</i> | / | 441 |
| 33.7 | <i>Extratransference interpretation</i> | / | 442 |
| 33.8 | <i>Some applications of Strachey's scheme</i> | / | 443 |
| 33.9 | <i>Strachey in Marienbad</i> | / | 447 |
| 33.10 | <i>Strachey at the present time</i> | / | 448 |
| 33.11 | <i>Strachey once more</i> | / | 453 |
| 34. | Interpretative styles | | 455 |
| 34.1 | <i>Some antecedents</i> | / | 455 |
| 34.2 | <i>Theory of communication</i> | / | 457 |
| 34.3 | <i>The ideally plastic ego</i> | / | 460 |
| 34.4 | <i>Models of reparation</i> | / | 460 |
| 34.5 | <i>The patient's styles</i> | / | 462 |
| 34.6 | <i>Complementary styles</i> | / | 469 |
| 35. | Epistemological aspects of psychoanalytic interpretation | | 471 |
| | <i>Gregorio Klimovsky</i> | | |
| 35.1 | <i>Introduction</i> | / | 471 |
| 35.2 | <i>The gnoseological aspect</i> | / | 473 |
| 35.3 | <i>The 'reading interpretation'</i> | / | 474 |
| 35.4 | <i>The explanation-interpretation</i> | / | 479 |
| 35.5 | <i>Some specific difficulties</i> | / | 483 |
| 35.6 | <i>The semantic and instrumental aspects of interpretation</i> | / | 487 |
| 35.7 | <i>Final reflections</i> | / | 491 |
| PART FOUR | | | |
| On the nature of the psychoanalytic process | | | |
| 36. | The analytic situation | | 497 |
| 36.1 | <i>An attempt at definition</i> | / | 497 |
| 36.2 | <i>Situation and field</i> | / | 498 |

| | | | |
|-------|---|---|-----|
| 36.3 | <i>The analytic situation as a dynamic field</i> | / | 499 |
| 36.4 | <i>On the concept of field</i> | / | 501 |
| 36.5 | <i>Analytic situation and therapeutic alliance</i> | / | 503 |
| 36.6 | <i>The primary narcissism of the analytic situation</i> | / | 505 |
| 37. | Analytic situation and analytic process | | 508 |
| 37.1 | <i>Brief review</i> | / | 508 |
| 37.2 | <i>Situation and process</i> | / | 509 |
| 37.3 | <i>Zac's three constants</i> | / | 510 |
| 37.4 | <i>Contract and setting</i> | / | 511 |
| 37.5 | <i>On the rules of the setting</i> | / | 512 |
| 37.6 | <i>On the analytic attitude</i> | / | 514 |
| 38. | The analytic setting | | 517 |
| 38.1 | <i>Recapitulation</i> | / | 517 |
| 38.2 | <i>Bleger's theses</i> | / | 518 |
| 38.3 | <i>The setting that becomes process</i> | / | 519 |
| 38.4 | <i>A clinical example</i> | / | 520 |
| 38.5 | <i>The muteness of the setting</i> | / | 522 |
| 38.6 | <i>Setting and symbiosis</i> | / | 522 |
| 38.7 | <i>Meaning and function of the setting</i> | / | 523 |
| 38.8 | <i>Other clinical material</i> | / | 525 |
| 38.9 | <i>Setting and meta-setting</i> | / | 526 |
| 38.10 | <i>Definition—a new attempt</i> | / | 527 |
| 39. | The analytic process | | 529 |
| 39.1 | <i>General discussion</i> | / | 529 |
| 39.2 | <i>The concept of process</i> | / | 530 |
| 39.3 | <i>On the nature of the psychoanalytic process</i> | / | 531 |
| 39.4 | <i>Review of the main theories</i> | / | 533 |
| 39.5 | <i>Weinshel's observations</i> | / | 534 |
| 39.6 | <i>The Ulm process model</i> | / | 537 |
| 40. | Regression and setting | | 540 |
| 40.1 | <i>Therapeutic regression</i> | / | 541 |
| 40.2 | <i>Discussion</i> | / | 546 |
| 40.3 | <i>Commentary</i> | / | 552 |
| 40.4 | <i>Arlow's and Brenner's ideas</i> | / | 554 |
| 41. | Regression as a curative process | | 555 |
| 41.1 | <i>On the concept of regression</i> | / | 555 |
| 41.2 | <i>Regression in the service of the ego</i> | / | 556 |
| 41.3 | <i>Brief review of Winnicott's ideas</i> | / | 558 |
| 41.4 | <i>Regression according to Winnicott</i> | / | 560 |
| 41.5 | <i>Of Winnicott's theory and technique</i> | / | 561 |
| 41.6 | <i>An example taken from Masud Khan</i> | / | 563 |
| 41.7 | <i>The basic fault</i> | / | 564 |

| | | |
|------|--|-----|
| 42. | Separation anxiety and psychoanalytic process | 567 |
| 42.1 | <i>Summary and introduction</i> / | 567 |
| 42.2 | <i>The concept of holding</i> / | 568 |
| 42.3 | <i>Projective identification and separation anxiety</i> / | 570 |
| 42.4 | <i>The role of anal masturbation in separation anxiety</i> / | 571 |
| 42.5 | <i>Separation anxiety, time and space</i> / | 572 |
| 42.6 | <i>Adhesive identification</i> / | 573 |
| 42.7 | <i>Improvisation on developmental theories</i> / | 577 |
| 42.8 | <i>Separation anxiety and analytic cycles</i> / | 580 |
| 43. | The setting and the container/contained theory | 584 |
| 43.1 | <i>Summary</i> / | 584 |
| 43.2 | <i>The container/contained theory</i> / | 586 |
| 43.3 | <i>Maternal 'reverie'</i> / | 588 |
| 43.4 | <i>Enforced splitting and static splitting</i> / | 589 |
| 43.5 | <i>Applications</i> / | 590 |

PART FIVE

On the stages of analysis

| | | |
|------|--|-----|
| 44. | The initial stage | 595 |
| 44.1 | <i>The three classic stages</i> / | 595 |
| 44.2 | <i>Meltzer's division</i> / | 597 |
| 44.3 | <i>The opening stage</i> / | 598 |
| 44.4 | <i>The dyadic relation</i> / | 601 |
| 44.5 | <i>On the analyst's personality</i> / | 603 |
| 45. | The middle stage of analysis | 605 |
| 45.1 | <i>The concept of transference neurosis</i> / | 605 |
| 45.2 | <i>Variations on the same theme</i> / | 606 |
| 45.3 | <i>Transference and countertransference neurosis</i> / | 608 |
| 45.4 | <i>Geographical confusions</i> / | 610 |
| 45.5 | <i>The toilet-breast</i> / | 611 |
| 45.6 | <i>The skin</i> / | 612 |
| 45.7 | <i>The confusions of zones and modes</i> / | 614 |
| 46. | Theories of termination | 617 |
| 46.1 | <i>General panorama</i> / | 617 |
| 46.2 | <i>Is analysis terminable?</i> / | 619 |
| 46.3 | <i>The aims of the cure</i> / | 621 |
| 46.4 | <i>The curative factors</i> / | 622 |
| 46.5 | <i>The point of reversibility</i> / | 623 |
| 46.6 | <i>The new beginning</i> / | 625 |

| | | |
|------|---|-----|
| 47. | Clinical aspects of termination | 629 |
| 47.1 | <i>Types of termination</i> / | 629 |
| 47.2 | <i>The indicators</i> / | 631 |
| 47.3 | <i>The post-psychoanalytic process</i> / | 636 |
| 47.4 | <i>The follow-up</i> / | 637 |
| 48. | The technique of termination of analysis | 639 |
| 48.1 | <i>Introduction</i> / | 639 |
| 48.2 | <i>The models of termination</i> / | 640 |
| 48.3 | <i>The termination of analysis and mourning</i> / | 642 |
| 48.4 | <i>Improvement-phobia</i> / | 644 |
| 48.5 | <i>Detachment</i> / | 645 |
| 48.6 | <i>On the forms of termination</i> / | 646 |

PART SIX

On the vicissitudes of the psychoanalytic process

| | | |
|-------|---|-----|
| 49. | Insight and its defining characteristics | 653 |
| 49.1 | <i>General considerations</i> / | 653 |
| 49.2 | <i>The Freudian version of insight</i> / | 654 |
| 49.3 | <i>Transformations of the term 'insight'</i> / | 655 |
| 49.4 | <i>The meanings of the noun 'insight'</i> / | 656 |
| 49.5 | <i>Insight and the Gestalt theory</i> / | 658 |
| 49.6 | <i>Insight as a field phenomenon</i> / | 659 |
| 49.7 | <i>Insight and the mental process</i> / | 660 |
| 49.8 | <i>The analyst's insight: a clinical example</i> / | 662 |
| 50. | Insight and working-through | 663 |
| 50.1 | <i>Insight as knowledge</i> / | 663 |
| 50.2 | <i>Dynamic insight</i> / | 664 |
| 50.3 | <i>Ostensive and descriptive insight</i> / | 666 |
| 50.4 | <i>The concept of working-through</i> / | 667 |
| 50.5 | <i>The relations between insight and working-through</i> / | 669 |
| 50.6 | <i>The other phase of working-through</i> / | 669 |
| 50.7 | <i>Two concepts of working-through</i> / | 671 |
| 50.8 | <i>'Verarbeitung' [working out] and 'Durcharbeiten' [working-through]</i> / | 673 |
| 50.9 | <i>Insight and the infantile depressive position</i> / | 674 |
| 50.10 | <i>The developmental lines of insight</i> / | 675 |
| 51. | The metapsychology of insight | 678 |
| 51.1 | <i>Insight and preconscious mental process</i> / | 678 |
| 51.2 | <i>Regression/progression dialectics</i> / | 682 |

| | | | | |
|-------|---|---|-----|-----|
| 51.3 | <i>Insight and scientific knowledge</i> | / | 683 | |
| 51.4 | <i>Some specifications on insight and affect</i> | / | 684 | |
| 51.5 | <i>Spontaneous insight</i> | / | 685 | |
| 51.6 | <i>A clinical vignette</i> | / | 686 | |
| 51.7 | <i>Insight and internal objects</i> | / | 688 | |
| 52. | Acting out [1] | | | 691 |
| 52.1 | <i>General panorama</i> | / | 691 | |
| 52.2 | <i>Acting out: an imprecise concept</i> | / | 692 | |
| 52.3 | <i>Introduction of the term</i> | / | 693 | |
| 52.4 | <i>Neurotic act and acting out</i> | / | 694 | |
| 52.5 | <i>A simple clinical example</i> | / | 695 | |
| 52.6 | <i>Freud's 'agieren'</i> | / | 696 | |
| 52.7 | <i>Acting out, remembering, repetition</i> | / | 696 | |
| 52.8 | <i>Another clinical example</i> | / | 697 | |
| 52.9 | <i>Acting out and transference</i> | / | 701 | |
| 53. | Acting out [2] | | | 702 |
| 53.1 | <i>Anna Freud's first contributions</i> | / | 702 | |
| 53.2 | <i>Freud's last opinions</i> | / | 703 | |
| 53.3 | <i>Acting out, communication and language</i> | / | 704 | |
| 53.4 | <i>Acting out and primal objects</i> | / | 705 | |
| 53.5 | <i>Partial and excessive (total) acting out</i> | / | 706 | |
| 53.6 | <i>Papers read at the Copenhagen Congress</i> | / | 708 | |
| 53.7 | <i>Grinberg's contributions</i> | / | 709 | |
| 54. | Acting out [3] | | | 712 |
| 54.1 | <i>The concept of acting out in the 'Vocabulaire'</i> | / | 712 | |
| 54.2 | <i>Acting out and action</i> | / | 713 | |
| 54.3 | <i>The intentions of acting out</i> | / | 715 | |
| 54.4 | <i>Acting out and communication</i> | / | 716 | |
| 54.5 | <i>An amusing clinical example</i> | / | 717 | |
| 54.6 | <i>Acting out, language and thought</i> | / | 718 | |
| 54.7 | <i>Acting out and play</i> | / | 720 | |
| 54.8 | <i>Acting out and early development</i> | / | 721 | |
| 54.9 | <i>In favour of acting out</i> | / | 723 | |
| 54.10 | <i>Acting out and acting in</i> | / | 724 | |
| 54.11 | <i>A suggested synthesis</i> | / | 726 | |
| 55. | Negative therapeutic reaction [1] | | | 728 |
| 55.1 | <i>Negative therapeutic reaction and guilt feelings</i> | / | 728 | |
| 55.2 | <i>The masochism of the ego</i> | / | 729 | |
| 55.3 | <i>The first references</i> | / | 730 | |
| 55.4 | <i>Death instinct and NTR</i> | / | 731 | |
| 55.5 | <i>The two 1936 works</i> | / | 732 | |
| 55.6 | <i>The aggressive drives in the negative therapeutic reaction</i> | / | 733 | |

- 55.7 *Negative therapeutic reaction and depressive position* / 734
- 55.8 *The role of envy* / 735
- 55.9 *Negative therapeutic reaction and lethargy* / 736
56. Negative therapeutic reaction [2] 738
- 56.1 *Historical perspective* / 738
- 56.2 *Some methodological specifications* / 739
- 56.3 *Diagnostic elements* / 740
- 56.4 *Function of the internal objects* / 741
- 56.5 *Manic defences and manic attacks* / 743
- 56.6 *Narcissistic self and superego* / 743
- 56.7 *Criticism, idealization and countertransference* / 744
- 56.8 *The dangers of being healthy* / 745
- 56.9 *Symbiosis and negative therapeutic reaction* / 745
- 56.10 *Negative therapeutic reaction and negative transference* / 747
- 56.11 *Negativism and the negative therapeutic reaction* / 748
- 56.12 *Negative therapeutic reaction and acting out* / 749
- 56.13 *Paradoxical thinking* / 751
- 56.14 *Final comment* / 752
57. Reversible perspective [1] 753
- 57.1 *Brief recapitulation* / 753
- 57.2 *First approximations* / 754
- 57.3 *The psychotic part of the personality* / 755
- 57.4 *Relations between the neurotic and psychotic part* / 757
- 57.5 *Thought and reversible perspective* / 758
- 57.6 *A clinical case* / 759
58. Reversible perspective [2] 764
- 58.1 *Reintroduction of the theme* / 764
- 58.2 *Klein's concept of 'reversion'* / 765
- 58.3 *Other clinical cases* / 765
- 58.4 *Reversible perspective and insight* / 768
- 58.5 *Narcissism and reversible perspective* / 769
59. The theory of misunderstanding 771
- 59.1 *Bion and Money-Kyrle* / 771
- 59.2 *Money-Kyrle's intellectual development* / 773
- 59.3 *Concept building* / 773
- 59.4 *Stages in the development of the concept* / 776
- 59.5 *The space-time system* / 776
- 59.6 *Basic types of knowledge* / 778
- 59.7 *Mourning and memory* / 779
- 59.8 *The spurious object* / 780
- 59.9 *Nature and culture* / 781

xx CONTENTS

| | |
|---|-----|
| 60. Impasse | 784 |
| 60.1 <i>Summary</i> / | 784 |
| 60.2 <i>Discussion and commentary</i> / | 796 |
| | |
| Epilogue | 801 |
| | |
| REFERENCES | 805 |
| INDEX | 843 |