

# Contents

Preface	ix
Acknowledgments	xiii
1 Problems of Short-term Counseling	1
2 Helping Relationships: A Theoretical Framework	18
3 Dealing Effectively with the Critical Phases	51
4 Conveying Acceptance and Other Forms of Positive Feedback	85
5 Eliciting a Moderate Level of Self-disclosure	116
6 General Guidelines for Decision Counseling	134
7 Helping Clients Make Difficult Decisions: Five Special Procedures	158
References	203
Name Index	219
Subject Index	223