

Contents

	page
Preface and acknowledgements	vii
1 Adolescent to adult: the transition period	1
2 The framework: theory	28
3 The framework: diagnosis	48
4 The counselling relationship	64
5 The language of counselling	91
6 Authority and responsibility in counselling	110
7 Counselling in organizations	130
8 Postscript	151
Bibliography	153
Index	155