

# Table of content

Foreword	10
Introduction to the World of Kimono	12
A Bridge between Past and Present	30
Not all Kimonos are the same	35
The Origins of the Kimono: Tradition and Symbolism	78
The production: craftsmanship at the highest level	108
Lady Sakura puts on her Kimono	139
Material, colors and patterns: What they reveal	149
The Kimono at Festivities and Rituals	157
The Connection between Kimono and Art	173
The Influences of the Kimono on modern Fashion	184
The Kimono in Pop Culture and Film	194
Challenges for the Kimono Industry Today	206
The Kimono as a cultural Heritage of Japan	215
Epilogue	227
Also published by me:	231