

# Contents

*List of Figures* [page xii]  
*List of Tables* [xiii]  
*Notes on Contributors* [xiv]

- 1 Introduction  
JAN-PETER HERBST [1]
- 2 Get Your Double Kicks on Route 666: The Sonic Evolution  
of Heavy Metal across Five Unholy Decades  
ANDREW L. COPE [12]

## PART I METAL, TECHNOLOGY AND PRACTICE

- Personal Take I – Russ Russell [26]
- 3 Mapping the Origins of Heaviness between 1970 and 1995:  
A Historical Overview of Metal Music Production  
JAN-PETER HERBST AND MARK MYNETT [29]
  - 4 Technical Ecstasy: Phenomenological Perspectives of Metal Music  
Production  
NIALL THOMAS [43]
  - 5 Not from the Mind But the Heart: The Metanarrative of Being  
in a Metal Band  
HALE FULYA ÇELIKEL [57]
  - 6 Timbral Metrics for Analysis of Metal Production: Then, Now  
and What Next?  
DUNCAN WILLIAMS [70]

## PART II METAL AND HISTORY

- Personal Take II – Brian Tatler [84]
- 7 Mesopotamian Metal: Learning from the Past through Metal Music?  
PETER PICHLER [87]

8 Sparta and Metal Music's Reception of Ancient History  
JEREMY SWIST [99]

9 Viking Metal: Obsessed with the Past?  
IMKE VON HELDEN [114]

PART III METAL AND IDENTITY

Personal Take III – Jasmine Shadrack [128]

10 Metal Identities and Self-Talk: Internal Conversations  
of Belonging, Empowerment, Well-being and Resilience  
PAULA ROWE [131]

11 Metal in Women: Music, Empowerment, Misogyny  
ROSEMARY LUCY HILL [144]

12 Refuse/Resist: What Does It Mean for Metal to Be Transgressive  
in the Twenty-First Century?  
CATHERINE HOAD [156]

PART IV METAL ACTIVITIES

Personal Take VI – Richard Taylor [172]

13 Metal as Leisure Space and Tourism Industry Destination  
KARL SPRACKLEN [175]

14 Dance Practices in Metal  
DANIEL SUER [187]

15 Battle Jackets: Wearing Metal Identity  
THOMAS CARDWELL [202]

PART V MODERN METAL GENRES

Personal Take V – Arne Jamelle [218]

16 On Horseback They Carried Thunder: The Second Lives  
of Norwegian Black Metal  
ROSS HAGEN [221]

17 Subgenre Qualifiers and Prescribed Creativity in Technical Death  
Metal  
LEWIS F. KENNEDY [237]

- 18 From 'Stereotyped Postures' to 'Credible Avant-Garde Strategies':  
The Alchemical Transformation of Drone Metal  
OWEN COGGINS [251]
- 19 Djent and the Aesthetics of Post-Digital Metal  
MARK MARRINGTON [265]
- 20 Contempt-of-Core: A Reception History of Metalcore Subgenres  
as Abject Genres  
ERIC SMIALEK [281]
- PART VI GLOBAL METAL
- Personal Take IV – Malcolm Dome [300]
- 21 Metal in the Middle East  
PIERRE HECKER [303]
- 22 Asian Metal Rising: Metal Scene Formation in the World's Most  
Populous Region  
JEREMY WALLACH [319]
- 23 Distortions in the Last Frontier: Metal Music in Africa  
EDWARD BANCHS [330]
- 24 What Has Latin American Metal Music Ever Done for Us?: A Call  
for an Ethics of Affront in Metal Music  
NELSON VARAS-DÍAZ AND DANIEL NEVÁREZ  
ARAÚJO [344]
- 25 Pioneers and Provocateurs: Australian Metal Music, Distance  
and Disregard  
SAMUEL VALLEN [357]
- Select Academic Bibliography* [371]  
*Select Journalistic Bibliography* [380]  
*Index* [384]